

## Azores



**King's View –Sete Cidades –São Miguel**

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## AZORES – NATURE AT ITS BEST



Lagoa do Fogo

The Azores archipelago is in the middle of the Atlantic Ocean, between Lisbon and New York, at latitude between 39° 56' and 36° 43' North and a longitude between 24° 46 'and 31° 16' West, almost a third of the way along the route between Europe and America.

Of volcanic origin, the archipelago consists of nine islands divided into three groups: the eastern group with Santa Maria and São Miguel; the central group includes Terceira, Graciosa, São Jorge, Pico and Faial and to the west, Flores and Corvo. The Azores have an approximate population of 245.000 people and total surfaces are covering 2.333 km<sup>2</sup>.

On these islands you'll find places of extraordinary tranquility and beauty, where the blue of the sea and of the hydrangeas and the green of the fields and mountains range in hue from one island to another. The crater lakes have a unique beauty and mystical charm, associated with ancient legends. Their museums, churches and palaces house artistic and historical treasures and their traditions, popular festivities, handicrafts and gastronomy are still very much alive, comprising a five hundred year old heritage.

Located eighty kilometers north of Santa Maria is the largest island in the archipelago: São Miguel, the green island. Measuring 65 km in length and scarcely 16 km in width, it is this island varied landscape, the greatness of its geographical landmarks, its volcanic phenomena, the diversity of its vegetation, its towns, its people, its gastronomy and its feast, that make it the most fascinating island of all. More than an island, São Miguel could be said to be a small continent.

As a holiday destination, the Azores definitely suit all tastes. Here you'll find golf courses surrounded by flowers and lush vegetation, walking trails, where you can observe nature, birds, endemic plants and volcanic phenomena; cetacean and marine life observation; grey sandy beaches inviting you to spend hours of fun in the sea, which is sometimes calm, and where the waves are often ideal for surfing. Tennis, horseback riding, sailing and big-game fishing are among the many activities that you can choose for an unforgettable holiday.



Azores bullfinch

The best way to travel to the Azores is by air. Five airports receive international flights: Lajes (Terceira), John Paul II (São Miguel), Castelo Branco (Faial) Pico and Santa Maria. Lisboa is the gateway for connecting flights to and from Europe and the world. Regular flights link the Azores to Madeira, Lisbon, Porto the United States and Canada. There are also direct flights between Ponta Delgada and Malmo(Sweden), Gothenburg(Sweden), Stockholm(Sweden), Oslo(Norway), Copenhagen(Denmark), Frankfurt(Germany), Munich(Germany), Zurich(Switzerland), Helsinki(Finland), Madrid(Spain) and London(United Kingdom). Our local air company is SATA.

If you wish to travel between the nine islands, from May to September it's possible by plane ([www.sata.pt](http://www.sata.pt)) and boat (<http://www.atlanticoline.pt/>). From October to April the connection it's done only possible by plane.

The Archipelago of the Azores enjoys a privileged climate which is temperate maritime and softened by the gentle influence of the Gulf Stream. There is little temperature variation with an average of 13º(55F) in winter and 23º(73ºF) in summer. The water temperature also varies little, oscillating between 17ºC and 24º C (63F and 75ºF).

Cresaçor – Regional Cooperative of Solidary Economy with status of touristic animation company since 2005, promotes the inclusive tourism in the Azores. To conquer this aim we plan to offer vacation packages accessible to people with special needs so that Azores may increase there notoriety as a potential holiday destination. We believe that our tourism product is suitable to the needs of people with handicap, having in mind that the experiences associated with nature reveals itself of great importance to improving their well being in general.

In this sense we created a package with accommodation and car, accommodation only as well as full day programs and additional services.

## ACCOMMODATION DESCRIPTION - TRADICAMPO

Tradicampo, Casas de Campo Tradicionais, Lda, located in Sao Miguel island, Azores, whose business purpose is to provide temporary accommodation, tourist entertainment and rural tourism services.

The Nordeste district, in particular, is the best kept secret on São Miguel Island. Its untouched nature, with a large area of laurel forest, inhabited by the Azores bullfinch, unique specie, and its breathtaking landscapes, with the deep blue sea forming the backdrop, creates a excellence refuge for those in search of a lost paradise.

Some of the surrounding plots of land have been turned into gardens, where the peace and quiet of the countryside can be enjoyed. In the gardens, a wide range of ornamental plants can be admired. Some of these plants are endemic and some are fruit trees commonly seen in the backyards of Azorean rural houses.

When arriving to the main airport, in São Miguel, the distance between the airport and the accommodation is around 40minutes.

From the Nordeste district to the main cities are: Ribeira Grande – 45 km; Vila Franca do Campo – 40 km and Ponta Delgada – 60 km.



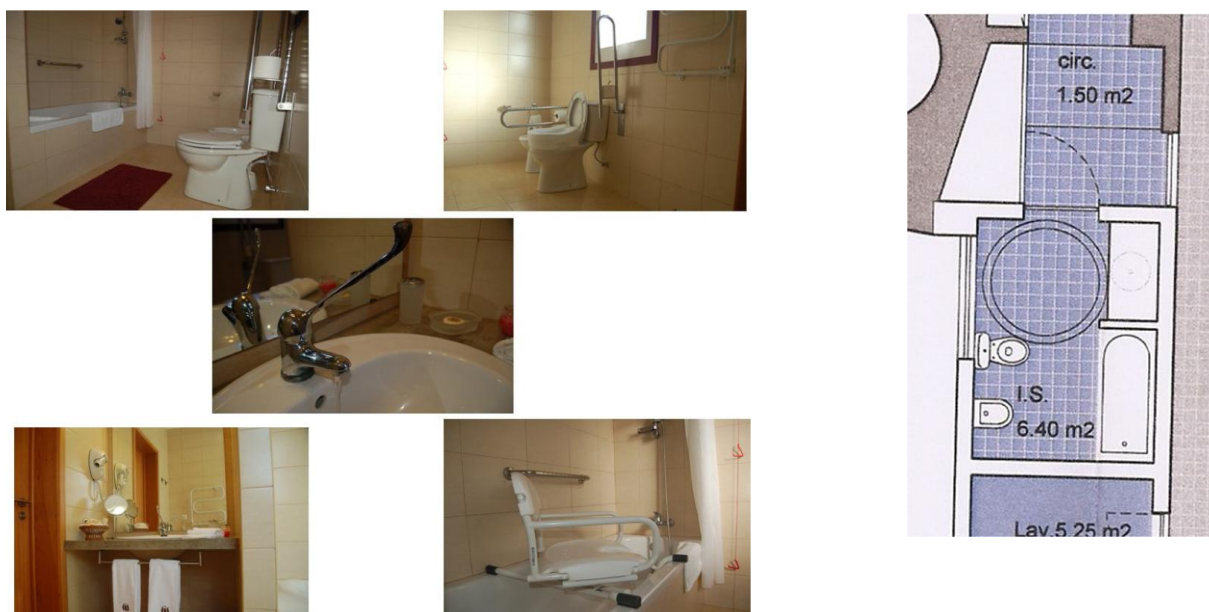
São Miguel island



## Casa da Fonte



## The bathroom equipment



Casa da Fonte is an old farm house, with more than 200 years, located in the village of Algarvia in the heart of the Nordeste district, Sao Miguel island, Azores. This house, which is equipped for guests with reduced mobility (one guest per stay), has a double bedroom (2 individual beds, 0,90x2m, or 1 bed, 1,80x2 m), a living room with a wood burning stove, a fully equipped kitchen, including a traditional wood-oven, and a bathroom. The Casa da Fonte also provides a covered veranda with a barbecue grill.

For the entertainment of its guests, the Casa da Fonte provides, at no additional cost, satellite TV, DVD, HI-FI, a small library, indoor games, two bicycles and a croquet court.

The property is fenced.

### Facilities:



The house is accessible: not only to the private parking, as also the balcony, kitchen, bathroom and living room. The bathroom has appropriate equipment.



## Casa do Pátio - A Arribana





## The bathroom Equipment



This two-house complex is located in the village of S. Pedro Nordestinho in the eastern part of the Nordeste district, Sao Miguel island, Azores. The complex comprises the manor house, where the old homeowners used to live (Casa do Tanque), and an old agricultural annex, which is entirely restored and transformed into a dwelling (A Arribana). The houses are part of a 1,500 m2 plot of land, which has been turned into a garden. Outside, the two houses share a covered veranda with a barbecue grill, a pool and a croquet court.

The Arribana house has a double bedroom (2 individual beds with 1x2m, or 1 bed 2x2 m), a kitchen/living room with a wood burning stove and a bathroom. This house is equipped for guests with reduced mobility (one guest per stay). For the entertainment of its guests, the Arribana house provides, at no additional cost, satellite TV, DVD, HI-FI, a small library, indoor games and two bicycles.

### Facilities:



The house is accessible: not only to the private parking, as also the kitchen, bathroom and living room. The bathroom has appropriate equipment.

## Casa do Pátio –Casa do Tanque



The Casa do Tanque has two double bedrooms (2 individual beds with 1x2m, or 1 bed, 2x2 m), a kitchen/living room with a wood burning stove and a traditional wood-oven and a bathroom.

For the entertainment of its guests, the Casa do Tanque provides, at no additional cost, satellite TV, DVD, HI-FI, a small library, indoor games and two bicycles.

### Facilities:



## Casa da Talha



This house is located in the village of S. Pedro Nordestinho in the western part of Nordeste district, Sao Miguel island, Azores. Casa da Talha is an old country house that has been carefully restored, expanded and, therefore, adapted into the comforts of modern life. The house is located in a 650 m2 plot of land, which has been turned into a garden.

The Talha house has a double bedroom (2 individual beds with 1x2m, or 1 bed, 2x2 m), a living room with a wood burning stove, a completely equipped kitchen, including a traditional wood-oven, and a bathroom. Outside, there is a covered balcony with a barbecue grill.

For the entertainment of its guests, the Casa da Talha provides, at no additional cost, satellite TV, DVD, HI-FI, a small library, indoor games, two bicycles and a croquet court.

The property is fenced.

### Facilities:





## PACKAGE SLEEP AND DRIVE – RELAX AND TAKE TIME

### Promotion from 01-11-2011 to 31-05-2012

Services included	Total 5days	Total 7 days	Total 14 days	Extra bed per night
Casa da Fonte + car Class A*	573,33 €	702,00 €	1.144,00 €	15€ (maximum 2 paxs)
Casa da Arribana + Car Class A*	547,30 €	665,60 €	1.102,40 €	15€ (maximum 1 pax)
Casa da Talha+ Car Class A	547,30 €	665,60 €	1.102,40 €	NA
Casa do Tanque + Car Class A	651,30 €	811,20 €	1.331,20 €	15€ (maximum 2 paxs)

- NA – Not available
- \* Accessible Houses
- The standard accommodation in the houses if for 1-2 person
- The extra bed is single



The car is Group A(Fiat Punto or similar) and accessible for wheelchairs. If you want to change for Group G or J(vehicles with more luggage space) will have an added value. Please provide dimensions of the wheelchairs.

### From 1-6-2012 to 30-09-2012

Services included	Prices per night	Extra bed(Prices per person)
Casa da Fonte	88,40 €	12€ (maximum 2 paxs)
Casa da Arribana	83,20 €	12€ (maximum 1 pax)
Casa da Talha	83,20 €	12€ (maximum 1 pax)
Casa do Tanque	109,20 €	12(maximum 2 paxs)

- Accommodation only
- Minimum stay – 3 days

### From 1-10-2012 to 31-12-2012

Services included	Prices per night	Extra bed
Casa da Fonte	78,00 €	12€ (maximum 2 paxs)
Casa da Arribana	67,60 €	12€ (mamimum 1 pax)
Casa da Talha	67,60 €	NA
Casa do Tanque	93,60 €	12(maximum 2 paxs)

- Accommodation only
- Minimum stay – 3 days

## ADDITIONAL SERVICES – GREAT MOMENTS



View to the village of Povoação

### Quad Tours (Half Day) – 54.00€

After an initial meeting with all the participants at Trilhógia headquarters, we follow towards a footpath trail in Lomba do Loução till Salto do Cavalo where the high sights of Furnas Valley and of the whole Town of Povoação. Turning back to the initial place of the activity the trail follows the asphalt road till Lomba do Cavaleiro, where the link to Lomba do Botão will be made and then the return to the origin trail.



In case the activity is performed by a disabled person, he will be accompanied by two monitors, in which the participants will be in the middle of the quad.

### Paragliding (Half Day) – 54.00€

Paragliding is one of the most amazing experiences that you can have in Azores. The panorama of the island, as well as the sense of freedom will undoubtedly will awaken your interest in trying.



This activity is accessible for people with disabilities.



View of São Miguel



Sete Cidades lake

### Canoeing – 10€ one hour (double canoes) or 12€ half day

In Sete Cidades lake you'll have the opportunity to practise canoeing. Considered one of the seven wonders of Portugal, the blue and the green lake will provide you unforgettable moments of leisure. The life jacket is mandatory and the canoes are double. The peaceful nature that it conveys is unmatched.



Only people with trunk autonomy may use paddles in the canoes. If it is not the case, the participant will go in the seat between the two seats.

### Whale watching (Half day) – 64€

In this activity you'll have the opportunity to watch some of more than 20 cetacean species that can be found in the Azores. Before the boat trip we present a briefing to explain the cetacean's species that can be observed, safety measures on board, procedures of protection of species at sea and some historical facts.



The boat is accessible for people in wheelchair.



View to São Miguel Island

### Swimming with dolphins (Half day)– 78€

Entering the water provided with a mask and snorkel you'll get surrounded by blue water and as the dolphins joyfully glide by you can watch an amazing experience. Before the briefing to explain the cetacean's species measures on board, procedures some historical facts. On board a life vest. We provide wet suits



Dolphins on São Miguel Island


them as well as hear them. An boat trip we present a briefing to that can be observed, safety of protection of species at sea and each passenger is required to wear and snorkelling masks.



This activity is accessible for people with disabilities.



## **Pedestrian walks with joëlette (half day) – 25€**

 The joëlette is an appropriate chair for people with handicap do pedestrian walks. As you can see by the photo there will be two monitors to drive the chair. There are accessible walking tours in Sete Cidades, Furnas and Ponta Delgada. There is only one jouellette in the island of São Miguel.



Sete Cidades

## **Meals in wood oven – 54€**

Those meals can be made in all the houses, except in the Arribana house.



Meals in wooden oven – Casa da Fonte (minimum two persons)

## FULL DAY PROGRAMS – ALL INCLUDED – LET US TREAT YOUR WELL BEING



Santiago lake



Pico do Escalvado viewpoint



Pico do Carvão viewpoint



The Van is adapted to transport two wheelchairs and the total of nine persons including the driver and touristic guide.

## 1- Refresh your mind...

In our full day tour you'll have the opportunity to discover the amazing gastronomy of the island, as well as our unique vegetation. Departing from the house towards the Tea Factory Gorreana, you will have the



Tea harvest – São Miguel



Terra Nostra Gardens – thermal pool

opportunity to have a guided tour through the unique tea factory in Europe that registered there beginning in 1750 due to the influence of a Chinese from Macau. This ancestral drink is extremely beneficent to health, even more than you might think.

Then is time to drive to Furnas where you'll be delighted to see one of our most important attractions - the lake of Furnas, as well as the halls where it's done the "Cozido das Furnas", in which meat and vegetables are stewed in the heat of the volcanic hearth for about 6 hours. It is time to taste the "Cozido das Furnas" in a local restaurant, as well as a local bread, pineapple and wine. Still in the picturesque village of Furnas, the Parque Terra Nostra, which was planted by Thomas Hickling in the 18<sup>th</sup> century and extended and improved by the Praia e Monforte family in the 19<sup>th</sup>, is a romantic vision of lakes, winding pathways, exotic flowers and century old trees, and a swimming pool or lake of thermal waters.

Returning by the south coast, passing through some of the most important belvederes of the Nordeste district (Ponta da Madrugada and Ponta do Arnel viewpoint).

**Tour Schedule:** 9h30 - 17h30

**Price per Person:** 186.00 € (includes insurance, reservations, lunch, transportation and guide)



## 2 - Time to heal...



Vila Franca Islet



Poça da Beja – Thermal pool

In this full day program you'll have the opportunity to take a bath in Poça da Dona Beija, a small natural pools, know for its therapeutic properties, it's one of the best know "hotspots" in the parish of Furnas. Then is time to drive to Furnas where you'll be delighted to see one of our most important attractions - the lake of Furnas, as well as the halls where it's done the "Cozido das Furnas", in which meat and vegetables are stewed in the heat of the volcanic hearth for about 6 hours. It is time to taste the "Cozido das Furnas" in a local restaurant, as well as a local bread, pineapple and wine. After lunch, you'll make a visit to Vila Franca do Campo, the island's first capital in the 16<sup>th</sup> century, and have beautiful view to the town on the shrine of Nossa Senhora da Paz belvedere. Returning the accommodation by the north coast, where you'll have the opportunity to see the fire lake and a beautiful view to all the 16km width of the island.

**Tour Schedule:** 9h30 - 17h30

**Price per Person:** 199.00€ (includes insurance, reservations, lunch, transportation and guide)

### 3 - Wet experience...



Sete Cidades lake



Azorean Emigration Museum

In this tour, we are going to the city of Ribeira Grande, in the north coast, to visit the Museum of the Azorean Emigrant. This Museum possesses a rich collection, donated by João Bosco da Mota Amaral, comprising gifts and keepsakes offered by Azorean emigrants and authorities of the countries where they settled, which adds to the interest of the museum, situated in the former fish Market of Ribeira Grande. Lunch in a local restaurant in Ribeira Grande. In the afternoon you'll visit one of the seven wonders of Portugal, Sete Cidades, in the west, is a crater with 12km perimeter where you can find two twin lakes, the Green Lake and the Blue Lake. You'll have the chance to do canoeing and feel the tranquility of the waters and the sweetness of the hydrangeas, which border the crater rim and contrast the steep sides of the crater, create a fascinating sight. Returning to the city of Ponta Delgada it will be possible to walk through the Portas do Mar where you'll have a nice view to the marina and accessible shops and restaurants.

**Tour Schedule:** 9h30 - 17h30

**Price per Person:** 199.00 € (includes insurance, reservations, lunch, transportation and guide)



**Note:** All the full day programmes includes transfer from and to the house. All the attractions are accessible.

**General conditions:** All the activities require a minimum of two adults. The prices are with VAT included. In all additional services Cresaçor will activate personal accident insurance for all participants. Insurance is according to the Portuguese law. If interested in group prices or personal programme contact us. All the activities can be cancelled until 12 a.m of the previous day of the activities. After this term there will be no refund.

### **Reservations and Info:**

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## 6 - PHOTOGRAPHIC REFERENCES

- Futurismo – Whale Watching;
- Azores Guide Tourists 2011, Publiçor
- Tradicampo, Casas de Campo Tradicionais, Lda;
- Trilhogia – Organization of Sportive Events;
- <http://www.cemat.ist.utl.pt;>
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